**Coaching Exercise**

* You will work in dyads (2) or triads (3)
* If you work in a dyad, one person will be the coaching leader/manager and the other person will be the employee. If you are in a triad, the roles will be coaching leader/manager, employee and observer. Each person will coach for or be coached for 5 minutes. If there is time, you can share feedback after each person has had a turn in each role.
* 20 minutes is allotted for total exercise. You will receive a time check when you need to switch roles.
* You will be assigned a topic for the coaching exercise from the growth points by counting off as a dyad or triad 1-4. Example: All the 1s will coach on customer service, 2s on leadership, 3s on accountability and 4s on communication.
* We will ask for a few teams to share some insights from the coaching moments they practiced in a whole room format.